CYO Basketball For The Vine Youth Ministry:
Please make checks payable to St. Norbert and Our Lady of the Brook Parish in the amount of $90.00 prior to 10/22/19, $100.00 after 10/22/19, and submit completed form and payment to:

St. Norbert and Our Lady of the Brook Parish
Attention: Maggie Bruce
1809 Walters Avenue
Northbrook, IL 60062

No forms will be accepted after November 12, 2019.

REQUIREMENTS: MUST BE PARISHIONER &
MUST NOT BE ON AN I.H.S.A. BASKETBALL TEAM
Prep Team: Freshmen & Sophomores/Varsity Team: Juniors & Seniors

If you are trying out for a high school basketball team and are interested in CYO Basketball if you do not make the IHSA team, please turn in a form and payment now. Let Maggie know as soon as possible whether you will or will not be playing for CYO.

No checks will be cashed until the end of November.

Practices begin October 15 in St. Norbert Gym. The season begins on 12/07/19 and runs through February 2020. There will be a break for Christmas and New Years; then practices and games will resume again in January. Games are held on Saturday nights or Sunday mornings or afternoons. **Space is very limited in order to keep numbers reasonable so everyone has a chance to play. No one will be allowed to practice in St. Norbert Gym without a coach for their team and without their completed permission slip and check turned in!!!**

Completed forms are mandatory for teens to practice in St. Norbert Gym!

Boys Practices – Tuesdays 8:30-10:00
Practice dates and times are subject to change.
Keep in touch with your Coach and follow St. Norbert Athletic Calendar at: https://www.stnorbertschool.org/apps/events/?id=1

Please read all C.Y.O. High School Basketball League Rules!

Anyone interested in coaching, contact Maggie at 847-687-7696
or email mbruce@northbrookcatholic.church immediately!
1. **TEAMS WILL NOT PLAY UNTIL THEIR ENTRY FEE HAS BEEN PAID AND THEIR ROSTER & PERMISSION / MEDICAL FORMS HAVE BEEN RECEIVED.**

2. **EVERY TEAM MUST BE COACHED BY AN ADULT** (21 YEARS OR OLDER).

3. Any Coach who sits on the bench and/or coaches during any game (regular season or Playoffs), must send the following certificates to CYO, to be compliant with League rules. Each team MUST have at least 1 compliant coach present at EVERY GAME.
   a) **VIRTUS** - [http://www.virtusonline.org/virtus/reg_0.cfm?theme=0](http://www.virtusonline.org/virtus/reg_0.cfm?theme=0)
   b) **Concussion Course** - [http://www.cdc.gov/headsup/youthsports/training/index.html](http://www.cdc.gov/headsup/youthsports/training/index.html) OR
   c) **Play Like a Champion** – live class at Maryville, conducted by CYO
   
   **NOTE:** If you took Coaching Coaches prior to 2017, you’re exempt from PLAC course

   When a coach(s) is non-compliant, regular season games will be played but are declared Forfeits, until ALL requirements are fulfilled, INCLUDING submission of paperwork.

   a) **If a team does not have a coach in attendance who has the 3 training requirements**
      
      the game will be played but it will count as a forfeit for the non-compliant team.

   b) **If neither team has a coach(s) in attendance who is compliant** with the requirements, the game will be played and, regardless of the winner, it will be ruled a double forfeit.

   **NOTE:** However, exceptions may be made under extenuating circumstances.

4. **Teams WILL NOT be added to the schedule until they turn in COPIES of the permission / medical forms and rosters to the CYO office, NOT your game site, by November 15th.** **COPIES** can be sent via email or fax, (312) 491-3531. Failure to do so could result in **FORFEITURE OF ALL REFUNDABLE FEES ($50.00 per team).**

5. **ANY PLAYER LISTED ON A HIGH SCHOOL ROSTER AS OF DECEMBER 1st IS INELIGIBLE FOR CYO.** Violations of this rule may warrant ejection from the league.

6. Each team will **pay one referee $35.00 BEFORE THE GAME STARTS.** If only one person officiates the game, the referee shall receive $20.00 from each coach ($40.00 per game).

7. Each Game will consist of **two, 20 MINUTE halves.** The clock will **only stop on time outs,** until the **LAST 2 MINUTES OF THE GAME,** where the clock stops on every whistle.

   If a team **leads by 15+ points,** the "NO PRESS" rule begins and the clock will not stop (2nd half ONLY). Teams get **TWO time outs per half.** **BONUS** occurs on the SEVENTH and SUPER BONUS on the TENTH team foul. General rules apply (see current IHSA rule book).

8. **OVERTIME:** Two-minute period, running clock, until the **LAST MINUTE of the PERIOD,** when the clock will stop on every whistle. Each team will receive an **extra time out.**

   **SUDDEN DEATH** (regular season ONLY) - If the game is still tied after the Overtime period, the first team to lead by 2 points wins. In the Playoffs, overtime periods will be used until one team wins the game.

9. **Forfeit time is fifteen (15) minutes** after the scheduled game time. Each team must **start the game with five (5) players.** Exceptions may be made in cases of extreme weather. Once teams receive 2 forfeits, they will be **ejected from the league** and **fees WILL NOT be refunded.**

10. **Players must participate and be listed on the roster for ONE CYO TEAM per season.**
    Each player must be **listed in the official score book** **BEFORE** the start of the game.
11. **NO NEW player(s) may be added to any roster AFTER THE TEAM’S FIRST GAME.**

12. The upper age limit for the **Prep division** is 16 yrs old. G.E.D. students must be 14 or 15 yrs old to play in the Prep Division. In the **Varsity & Girls Divisions**, players must be 18 yrs old or younger AS OF DECEMBER 1st. Grade school, IHSA, and college players are **Ineligible**.

13. **Players from OUTSIDE the parish** may participate, under one of the following conditions:
   a) The player's parish does not have a team for his/her age group.
   b) If the player's parish has a team for his/her age group, the **player must obtain written permission from the coach of that team**. This document must accompany the roster of the team for whom the player will play and the player must ONLY be listed on this roster.

14. **Game shirts with large, visible Numbers AND THE Parish Name must be worn by the FIRST GAME. Starting the 2nd game, a bench technical foul will be assessed for each player without a game jersey.** **NO TEAM will compete in Playoffs without game shirts.**

15. Contact your **Commissioner** (see schedule) to cancel/reschedule a game at least 48 hrs. in advance or the game may be considered a **forfeit**. If you forfeit a game, your $50 fee will be deposited and used to pay the refs.

16. **NO DUNKING IS ALLOWED!!!** Any player in violation of this rule will be ejected from the game and the coach will receive a warning. **After the 3rd violation, the entire team may be ejected from the league.**

17. In order to participate in the **Playoffs**, a player must play in at least three (3) regular season games. Contact Kim Williams at CYO regarding injured players.

18. **Teams WILL NOT advance to the Playoffs without at least one Coach who has submitted proof of the required trainings (VIRTUS, Play Like A Champion / Coaching Coaches, Concussion) and COPIES of the Roster & Permission forms to CYO.** Falsified rosters / violations of player eligibility could mean IMMEDIATE EXPULSION!

19. **SPORTSMANSHIP is a key ingredient at ALL CYO events.** All players, coaches, spectators, etc. are expected to behave appropriately AT ALL TIMES! This rule includes profanity, aggressive/abusive language or behavior, running up the score on opponents, etc. **ANY PLAYER, COACH OR SPECTATOR WHOSE CONDUCT WARRANTS EXPULSION FROM A GAME MAY BE BANNED FOR THE REMAINDER OF THE LEAGUE / YEAR, DEPENDING ON THE SERIOUSNESS OF THE INFRACTION.**

   **PLEASE note the following:** **TECHNICAL FOULS** can be extremely detrimental!!
   A. Any team receiving a **2nd sportmanship technical foul** during any game will forfeit that game immediately.
   B. Any team receiving a **3rd sportmanship technical foul** will lose their Playoff eligibility.
   C. Any team receiving a **4th sportmanship technical foul** for the year will be expelled from the league immediately. **NO fees will be refunded.** A full report will be made to CYO.

20. **PROTESTS** will be heard regarding **CYO rule interpretation and eligibility ONLY.** The referees must be notified of the protest at the time of the incident. Protests must be submitted in writing, no later than 48 hours after the game, accompanied by a $25.00 fee. A fee is not required for protests regarding eligibility. **NOTE:** A referee's call is **not** a rule interpretation.

21. Contact **Kimberly Williams** at the CYO office, if you have any questions, **(312) 491-3534** or email **williamsk4@maryvilleacademy.org**.

22. **HAVE A GREAT TIME!**
PLEASE PRINT ALL INFORMATION LEGIBLY!!

* MUST BE COMPLETED & RECEIVED AT CYO BY NOVEMBER 15th *

PARENTAL / LEGAL GUARDIAN AUTHORIZATION - Required for ALL Participants

I hereby give permission for my child, __________________________________________, to participate in the **C.Y.O. High School Basketball League** from December 7, 2019 – May 10, 2020. (I understand that this event includes running, jumping, throwing, and other skills.) There is an inherent risk in basketball. Injuries include but are not limited to concussions, bruises & contusions, sprained ankles & knees, jammed wrists & fingers, muscle pulls / tears, injury to joints, bones, ligaments & tendons, neck and back injuries, and even death. In an effort to make the event run safely, it is vital that all athletes follow the directions given.

I hereby release and indemnify the Catholic Youth Organization (CYO), its Basketball program, staff, volunteers, Maryville Academy, and the Catholic Bishop of Chicago, a corporation sole, from any and all liability arising from claims of any kind or nature whatsoever, from my child’s participation in this program. I also authorize and give consent to Maryville Academy and Catholic Youth Organization (CYO) to photograph and take video images of my child(ren) for educational and / or publicity purposes. I agree to hold Maryville Academy and the Catholic Youth Organization (CYO) harmless from any claims of damage or harm in regard to the use any such photographs or video images.

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PARISH / TEAM NAME

Participant’s High School

Participant’s Age Date of Birth

Circle Gender: Male Female

Circle Division: Prep Varsity Girls
(Fr-So) (Jr-Sr) (Fr-Sr)

Circle Grade: 9 10 11 12

Circle T-Shirt Size: S M L XL 2X 3X

PRINT Name of Parent/Legal Guardian

SIGNATURE of Parent/Legal Guardian

ADDRESS (Include Apt #, if applicable)

PRINT City, State, and ZIP CODE

(_____) _____________________________ PARENT/ LEGAL GUARDIAN

CELL Number

EMAIL for PARENT/ LEGAL GUARDIAN

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MEDICAL PERMISSION AUTHORIZATION ** This section must be filled out COMPLETELY!

I grant permission for the administration of first aid to my child, __________________________________________. BY THE PEOPLE IN CHARGE OF THE C.Y.O. LEAGUE and those transporting my child to and from the program as their judgment deems advisable. I grant the people in charge of the event the permission to make the necessary referrals to qualified physicians for treatment of illnesses or accidents of a more serious nature. I understand that I will be promptly notified in the event of any serious illness or accident and prior to any major surgery, except when a delay in such communication would endanger life. In case of a medical emergency, I understand that every effort will be made to contact the parent/legal guardian of the participant. In the event I cannot be reached, I hereby grant permission to the physician selected by the adult staff to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery, if deemed necessary, for my child.

Signature of Parent/Legal Guardian: __________________________ Date: __________________________

Family Physician: __________________________ Phone (____) __________________________

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INSURANCE INFORMATION ** This section must be filled out COMPLETELY!

Policy in the Name of: ______________________________________

Insurance Company: __________________________ Policy Number: __________________________